

Aging As A Spiritual Journey

*Grow old along with me!
The best is yet to be,
the last of life, for which
the first was made.
Our times are in his hand
who saith,
"A whole I planned,
youth shows but half;
Trust God!"
(Robert Browning)*

Peace River Presbytery
Presents:

THE MAIN EVENT
Saturday, March 13, 2010
9 a.m. to 3 p.m.
Faith Presbyterian Church
Cape Coral, FL

Keynote Speaker: Henry C. Simmons, PhD



Dr. Simmons is an ordained minister, recently retired from Union Seminary after 38 years of teaching. Simmons' major interests include the spiritual growth of older adults, ethics and aging, congregational studies, ecology and religion. Recent publications include:

Soulful Aging: Ministry Through the Stages of Adulthood

Thriving Beyond Midlife

A Journey Called Aging: Challenges and Opportunities in Older Adulthood

To print copies of this brochure, please go to www.peaceriverpresbytery.org and click on the link for "The Main Event" Brochure.

Mapping Aging:

Henry will show us there are four transitions and three stable periods in the last third of life. They make up the predictable pathways, contours and terrain of the journey called aging.



Workshops being considered include:

- Key Spiritual Practices for Times Of Transition
- Web Resources for Best Congregational Practices
- Retreats for Seniors
- Music for Aging Gracefully
- Elder Abuse
- Pastoral Care - Laypersons
- Deacon and Elder Basics
- 21st Century Communications

A complete list of all workshops, details, and a registration form will be circulated in early 2010.

**Sponsored by the
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Development Committee**